

Your treatment discussion guide

It's important to know that your hot flashes due to menopause are real and valid. Don't wait to schedule an appointment with your doctor to talk about what you're experiencing and start to take charge of your hot flashes. Use the questions below to help guide the conversation about your symptoms with your provider, learn about treatment options, and find ways to help gain control of your hot flashes.



Questions to ask your doctor about hot flashes

- How long could I expect to experience symptoms?
- Are there any triggers that may worsen my symptoms?
- What are my prescription treatment options?



Questions about treatment and safety

- How does VEOZAH work?
- How do I take VEOZAH?
- Is VEOZAH right for me?



Questions about results

- What should I expect with VEOZAH?
- How quickly do patients see results with VEOZAH?
- Can VEOZAH help improve my hot flashes due to menopause?

Did you know?

Hot flashes can be categorized by severity—mild, moderate, and severe.



Searching for some relief?

- VEOZAH is a 100% hormone-free, once-daily pill
- VEOZAH is the #1 prescribed* hormone-free treatment FDA approved for moderate to severe hot flashes due to menopause

*IQVIA TRx data from May 2023 to December 5, 2025.

IMPORTANT SAFETY INFORMATION

VEOZAH can cause serious side effects, including:

Liver Problems. Your healthcare provider will do a blood test to check your liver before you start taking VEOZAH. Your healthcare provider will also do this blood test monthly for the first 3 months, at month 6, and month 9 after you start taking VEOZAH or if you have signs or symptoms that suggest liver problems. If your liver blood test values are elevated, your healthcare provider may advise you to stop treatment or request additional liver blood tests.

Stop VEOZAH right away and call your healthcare provider if you have the following signs or symptoms of liver problems:

- feeling more tired
- decreased appetite
- nausea
- vomiting
- itching
- yellowing of the eyes or skin (jaundice)
- pale feces
- dark urine
- pain in the stomach (abdomen)

Do not use VEOZAH if you:

- have cirrhosis.
- have severe kidney problems or kidney failure.
- are taking certain medicines called CYP1A2 inhibitors. Ask your healthcare provider if you are not sure.

Before you use VEOZAH, tell your healthcare provider about all of your medical conditions, including if you:

- have liver disease or problems.
- have kidney problems.
- have any medical conditions that may become worse while you are using VEOZAH.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. VEOZAH may affect the way other medicines work, and other medicines may affect how VEOZAH works.

The most common side effects of VEOZAH include:

- stomach (abdominal) pain
- diarrhea
- difficulty sleeping (insomnia)
- back pain
- hot flashes or hot flushes

These are not all the possible side effects of VEOZAH. Tell your healthcare provider if you have any side effect that bothers you or does not go away.

Call your healthcare provider for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see full [Prescribing Information](#) and [Patient Information](#), including BOXED WARNING.

What is VEOZAH™ (fezolinetant)?

VEOZAH is a prescription medicine used to reduce moderate to severe vasomotor symptoms due to menopause. VEOZAH is not a hormone. Vasomotor symptoms are the feelings of warmth in the face, neck, and chest, or sudden intense feelings of heat and sweating (“hot flashes” or “hot flushes”).